



SPECIFIC REGULATIONS OF MEN'S ARTISTIC GYMNASTICS

Abbreviations

COP.	Code of Points
ND.	Neutral deduction
FN.	National Federation
RT/FIG.	FIG Technical Regulations
EG.	Element Group
CV.	Connection Value

CHAPTER 1

ART. 1 PAGU MAG REGULATIONS FOR YOUTH PAN AMERICAN CUP

Art. 1.1 Goals

These regulations will be the official rules for the Youth Pan American Cup and aim to provide gymnasts of age categories with regulations according to their development and that will allow a better transition to the Code of Points in the future. In addition, it may be used in those competitions of Development Levels that a group of National Federations or regions decide to organize.

Art. 1.2 Age of the participants

The age of the participants is determined as follows:

AGE
12 – 14 years old

(Age reached December 31 of the year in which the event is held)

For team composition, all-around and apparatus, gymnasts are aged between 12 and 14 years.



Art. 1.3 Competition Apparatus

Apparatus with FIG specifications shall be used with the following exceptions:

LEVEL	FLOOR	POMMEL HORSE	STILL RINGS	VAULT	PARALLEL BARS	HIGH BAR
	FIG	95 cm optional use of a 20-centimeter mat to mount the apparatus	2.40 m from the mat + 10 cm of landing mat	<u>1.25 m</u> Official mat FIG.	<u>FIG Height</u> 10 cm landing mat	Device 2.40 m from the mat + 10 cm landing mat.

Art. 1.4 Gymnast Spotting

A spotter is required on rings and a horizontal bar. A routine may not begin until a spotter is present. If a spotter leaves the apparatus during the performance of a routine at any point a neutral deduction (ND) of -0.5 will be taken.

In particular cases, a coach may request Judge D1 or the Senior Jury to allow for the spot of a gymnast in vault or parallel bar exercises, but it shall be at the discretion of Judge D1/Senior Jury to authorize it. Spotting may not be performed from a surface higher than floor matting, obstruct the vision of the judges.

No spotter is allowed on the floor.

In case of assistance to the gymnast, the corresponding penalties of the COP will be applied.

In vault, the use of the Yurchenko safety protection collar will be as determined by the COP.

ART. 2 COMPETITION JURIES

The Judges must submit to the provisions of the PAGU Technical Regulations. The panel must be made up as established by the PAGU Technical Regulations: 2 judges D and 2 judges E as a minimum.



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ART. 3 GENERAL RULES OF EVALUATION

The evaluation of the exercises will be determined by the current FIG COP and the special modifications that it determines for Junior Gymnasts.

ART. 4 COMPETITION FORMAT AND OTHER GENERALITIES

Art. 4.1 Warm Up

50 seconds warm up will be provided per gymnast in all phases of competition. In vault, gymnasts who perform 1 competition vault will have 2 warm-up vaults and gymnasts who perform 2 competition vaults will have 3 warm-up vaults.

Art. 4.2 Competition Format

Optional routines in all apparatus.

In vault, to qualify for the final, gymnasts must present 2 different vaults as established by the current FIG Code of Points. To determine the winners of the Vault Final, the average of the 2 vaults presented will be used. In Team Finals, only 1 vault must be executed.

Apparatus Finals: 8 gymnasts qualify, with a maximum of 2 per country.

Individual AA Final: 18 gymnasts qualify, with a maximum of 2 per country. In case of not reaching 18 gymnasts, up to a maximum of 4 gymnasts per country will be allowed until the 18 finalists are completed.

The format and days of competition for the Youth Pan American Cups will be as established by the PAGU Technical Regulations.



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Art. 4.3 Composition of the Delegations for the Youth Pan American Cup

FUNCTION	GAM
Gymnasts	1 – 2 (individual) 3 – 6 (team)
Coaches	1 (1 – 2 gymnast) 2 (Team)
Category 1, 2, 3 or 4 judges (in addition to the Members of the PAGU TC).	Maximum 2 (1 required)
Team Leader	1
Medical staff by FN	1
Head of Delegation for FN	1

The teams may be made up of a maximum of 6 gymnasts. A maximum of 6 gymnasts will be able to compete on each apparatus and the three best scores per apparatus will be used to determine the total score per team in each apparatus.

Medical services will be provided by the Local Organizing Committee, but NFs will be able to accredit a Medical Staff as part of their delegation. All members of the delegation must present valid medical insurance for the dates of the event.

Art. 5 TIEBREAKER RULES






In the Youth Pan American Cup, the tiebreaker rules established in Article 4.4, Section 2 of the RT/FIG will apply for the qualifying phase. However, these tiebreaker rules will not apply in the final phases.



Art. 6 EXCEPTIONS TO THE COP – YOUTH PAN AMERICAN CATEGORY

NUMBER OF ELEMENTS REQUIRED	7 elements in total: 6 elements + dismount
DIFFICULTY VALUES (DV)	According to COP
ELEMENT GROUPS (EG)	Any difficulty EG I – 0.50 EG II and III – min. diff. B = 0.50 Dif. A = 0.30 EG IV = Difficulty Value <u>Floor</u> Any difficulty EG I – 0.50 EG II, EG III y EG IV – mín. B = 0.50 A = 0.30
SPECIAL REQUIREMENTS ON FLOOR AND RINGS	<u>Floor</u> : No double Salto required <u>RINGS</u> : 3 elements of EG II/III in a consecutive manner can be separated by any element of EG I <u>with a minimum value 'A'</u> . It is required a swing to handstand (2seg).
CONNECTION VALUE (CV)	<u>FLOOR</u> : C+A, C+B and C+C = +0.1, rest FIG
BASIC AND SPECIAL REPETITION	FIG
SPECIFIC DEDUCTIONS	Neutral Deduction for Short Routines 04 elements (-4.00 points) 03 elements (- 5.00 points) 02 elements (-6.00 points) 01 element (- 7.00 points) 0 elements (- 10.00 points)

Art. 6.1 Special Bonus System

APPARATUS	ELEMENT	BONUS
	C+A, C+B, C+C or vice versa for Saltos (No twist elements can be combined)	0.10
	Any double salto	
	Pommel Loop (#2.08)	
	DSB (#2.44)	
	Any flop or combination sequence	
	Cross (#2.15)	
	Straddle Planche (#2.19)	
	Stutzkehre (#2.03)	
	Diamidov (#2.27)	
	Back Toss to Handstand (#2.39)	
	Felge to Handstand (#3.106)	
	Double salto backward tucked off the end (#4.45)	
	Adler (#3.63)	
	Tkatchev Straddled (#2.15)	
	2nd release (different family)*	

*Item #2.32 does not fall under this rule






Art. 6.2 Stick Bonus for Dismounts (FX, SR, PB and HB)

Minimum difficulty value "B"	0.10
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Art. 6.3 Stick Bonus for Vault

Vault with saltos	0.10
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Art. 7 ADAPTED ELEMENTS

Apparatus	Element	Dif	EG
	Cartwheel	To	-
	Round-off	A	-
	False front scissors	A	1
	False Back Scissors	A	1
	Double Swiss	A	1
	From hang front uprise to support	A	2
	Forward or backward tucked salto dismount	A	4
	Straddle L	A	1
	Swing forward to $\frac{1}{2}$ turn and post on one arm over single bar and dismount to stand (stutzkehre forward movement)	A	4
	Forward or backward tucked salto dismount	A	4
	Moy to upper arm	A	3
	Endo type without passing over the vertical	A	3
	Toe on toe Off to handstand	B	3
	Back uprise to support	A	3
	Free hip circle	A	3
	$\frac{3}{4}$ giant swing backward to support, baby giant to support.	A	3