



SPECIFIC REGULATIONS OF MEN'S ARTISTIC GYMNASTICS

Abbreviations

COP.	Code of Points
ND.	Neutral Deduction
FN.	National Federation
RT/FIG.	FIG Technical Regulations
EG.	Element Group
CV.	Connection Value

CHAPTER 1

ART. 1 PAGU MAG REGULATIONS FOR JUNIOR PAN AMERICAN CUP

Art. 1.1 Objective

These regulations will be official for the Junior Pan American Cup and aims to provide gymnasts of age categories with regulations according to their development and that will allow in the future, a better transition to the Code of Points. In addition, it may be used in those competitions of Development Levels that a group of National Federations or regions decide to organize.

Art. 1.2 Age of the participants

The age of the participants is determined as follows:

AGE	SUBCATEGORY
15 – 18 years old	15 and 16 years old
	17 and 18 years old

(Age reached December 31 of the year in which the event is held)



UPAG - PAGU

Comité Técnico Masculino

For team composition, gymnasts are aged between 15 and 18 years. For the all-around and apparatus individual competitions, ages will be divided according to the subcategory described in the table above.

For the purposes of classification for other competitions that depend on the result of the general individual competition and by apparatus, a single list will be used as a reference, independent of the subdivision of categories by age.

Art. 1.3 Competition Apparatus

Apparatus with FIG specifications shall be used with the following exceptions:

LEVEL	FLOOR EXERCISE	POMMEL HORSE	STILL RINGS	VAULT	PARALLEL BARS	HORIZONTAL BAR
	FIG	FIG	FIG	FIG	FIG Height 10 cm of soft mat	FIG

Art. 1.4 Gymnast Spotting

The gymnast will be required to have a spotter on rings and a horizontal bar. Failure to comply with this provision leads to a neutral deduction (ND) of -0.5.

In particular cases, a coach may request the D1 Judge or the Superior Jury to allow for spotting of a gymnast in vault or parallel exercises, but it shall be at the discretion of Judge D1/Senior Jury to authorize it. In no case may such care be carried out on a height higher than that of competition floor, obstruct the vision of the judges, nor may the spotter be located within the practicable area of the floor.

In case of assistance to the gymnast, the corresponding penalties of the COP will be applied.

In vault, the use of the Yurchenko safety protection collar will be as determined by the COP.



UPAG - PAGU

Comité Técnico Masculino

ART. 2 COMPETITION JURY

The Judges must submit to the provisions of the UPAG Technical Regulations. The panel must be comprised as established by the UPAG Technical Regulations: 2 judges D and 2 judges E as a minimum.

ART. 3 GENERAL RULES OF EVALUATION

The evaluation of the exercises will be those determined by the current COP FIG and the special modifications that it determines for Junior Gymnasts.

ART. 4 COMPETITION FORMAT AND OTHER GENERALITIES

Art. 4.1 Warm Up

A warm-up period of 50 seconds will be provided per gymnast in all phases of competition. In vault, gymnasts who perform 1 competition vault will have 2 warm-up vaults and gymnasts who perform 2 competition vaults will have 3 warm-up vaults.

Art. 4.2 Competition Format

Competition includes an optional exercise per apparatus.

In vault, to qualify for the final, gymnasts must present 2 different vaults as established by the current GAM Code of Points. To determine the winners of the Vault Final, the average of the 2 vaults presented will be used. In Team Finals, only 1 vault must be executed.

Apparatus Finals: 8 gymnasts qualify per subcategory, with a maximum of 2 per country.

Individual AA Final: 10 gymnasts qualify per subcategory, with a maximum of 2 per country. In case of not reaching 10 gymnasts, up to a maximum of 3 gymnasts per country will be allowed until the 10 finalists are completed.

The format and days of competition for the Junior Pan American Cup will be as established by the PAGU Technical Regulations.



UPAG - PAGU

Comité Técnico Masculino

Art. 4.3. Composition of the Delegations for the Youth Pan American Cup

FUNCTION	GAM
Gymnasts	1 – 2 (singles) 3 – 6 (team)
Coaches	1 (1 – 2 gymnast) 2 (Equipment)
Category 1, 2, 3 or 4 judges (in addition to the Members of the CT UPAG).	Maximum 2 (1 required)
Team Leader	1
Medical staff by FN	1
Head of Delegation for FN	1

The teams may be made up of a maximum of 6 gymnasts. A maximum of 6 gymnasts will be able to compete in each apparatus and the three best scores per apparatus will be used to determine the total score per team in each apparatus.

Medical services will be provided by the Local Organizing Committee but participating NFs will be able to accredit medical personnel as part of their delegation. All members of the delegation must present valid medical insurance for the dates of the event.

Art. 5 TIEBREAKER RULES

In the Junior Pan American Cup, the tiebreaker rules set out in Article 4.4, Section 2 of the RT/FIG shall apply to the qualifying phase. However, these tiebreaker rules will not apply in the event of a tie in the results of the final competitions.



UPAG - PAGU

Comité Técnico Masculino

Art. 6 EXCEPTIONS TO THE COP – YOUTH CATEGORY

NUMBER OF ELEMENTS REQUIRED	8 elements in total: 7 elements + dismount
DIFFICULTY VALUES (DV)	According to COP
ELEMENT GROUPS (EG)	<p>ELEMENT GROUPS</p> <p>Any difficulty EG I – 0.50</p> <p>EG II y EG III – mín. C = 0.50</p> <p>EG IV = Difficulty Value</p> <p><u>FLOOR</u></p> <p>Any Difficulty EG I – 0.50</p> <p>EG II, EG III y EG IV – mín. C = 0.50</p>
SPECIAL REQUIREMENTS ON FLOOR AND RINGS	FIG
CONNECTION VALUE (CV)	FIG
BASIC AND SPECIAL REPETITION	FIG
SPECIFIC DEDUCTIONS	<p>Neutral Deduction for Short Routines</p> <p>FIG</p>

Art. 6.1 Stick Bonus for Dismounts (FX, SR, PB and HB)

Minimum difficulty value "C"	0.10
------------------------------	------

Art. 6.2 Stick Bonus for Vault

For JUMPS with saltos	0.10
-----------------------	------

MEN'S TECHNICAL COMMITTEE
PAN AMERICAN GYMNASTICS UNION
FEBRUARY 2025